









A cooking school for kids and adults!

## Attention Scout Leaders!!!

We are pleased to bring to you the nation-wide standard requirements for the Cooking merit Badge at Young Chefs Academy. In a fun-filled 90 minute workshop, your group will do activities that cover all the bases needed for most cooking merit badges. We will cover the following:

-  Discussion: Kitchen safety rules, food storage safety, food-borne illnesses and how to prevent them.
-  All about the food pyramid, examples of each food group and recommended daily serving sizes from each food group.
-  Recipe preparation using proper techniques and procedures.
-  Discussion: Recipe nutrition and camping modifications.
-  Meal planning: Planning a full meal with main course, two side dishes, and desert or beverage. Includes nutritional information and grocery list.
-  Discussion: Pricing of all items on our grocery list. Estimation of total cost of the meal.



**Daisy:** Learning about community helpers as they are an important part of our community through the art of cooking, will provide a great experience to each of the troop members. We will follow your curriculum as specified.



**Brownie:** Completing your 4 required activities at YCA while cooking Baked Apples, Brownie Soup, and Sloppy Joes is what your troop needs to do to earn their merit badge.



**Junior Scouts:** Completing your required activities at YCA is so easy. Tasty Treats, Batter-Up a Better Cupcake. Easy Eggs in the Microwave, Poppy Seed bread, Basic yellow cake and Campfire Biscuits, are just few of the things the Scouts will work on.

Although the actual merit badge must be ordered by your leader, we will commemorate your successful completion of the workshop by giving each attendee a Young Chefs Academy fun badge.

Call us to schedule your group today! The cost is just \$20.00 per child. Available Schedule: Tuesdays at 5:00pm, Fridays at 4:00pm and Sundays any time.