



March 26, 2011, 9:30 a.m.

*Limit 25 girls for Daisy & Brownie Levels; Limit 50 girls per Jr., Cadettes, Senior & Ambassador level

Zumama Fitness LLC, 2033 Airline Rd. (Corner of Holly & Airline) Suite D3 C.C. Tx 78412

Registration Deadline March 4, 2011 – REGISTRATION FORMS AND MONEY

This is a fun class for ALL levels of Girl Scouts.



Daisy & Brownie level 9:30am- 10:15am

Sure, chillin' out is cool. But rockin' out is a blast!

Kids love to crank up the music, shake, wiggle and have a blast with their friends. So why not get fit while they're at it? Zumbatomic® fitness program for kids it's a fast-forward fusion of the Zumba program's designed to let kids ages 4-12 max out on fun and fitness all at the same time.



Jr., Cadettes, Senior & Ambassador level 9:30am-10:30am

Let's face it, working out can be healthy, rewarding and beneficial. Working out can be lots of things, but it's never been known to be an exhilarating experience. . . UNTIL NOW!

ZUMBA® mixes body sculpting movements with easy-to-follow dance steps to create a dynamic workout system designed to be FUN and EASY TO DO! You are going to shake your body in one exhilarating hour of caloric burning, heart racing, muscle pumping, body energizing movements meant to engage and captivate for life! Add some Latin flavor and International zest into the mix and you've got ZUMBA.

*Cost: \$ 5.00 – includes cost of class, reusable water bottle (goes towards the forever green program), and patch

*No drop offs, parent or leader must be with Girl Scouts.

Girl Scouts of Greater South



Girl Scouts.

www.gsgst.org



Name: _____ Troop#: _____

Adult or Leader staying with Child _____

Address: _____ City: _____ State: _____

Grade: _____ Age: _____ Phone #: _____ Cell #: _____

Emergency #: _____

Email Address to send confirmation letter _____

I give my permission for my daughter to attend *ZUMAMA* at Zumama Fitness LLC, 2033 Airline Rd. (Corner of Holly & Airline) Suite D3 C.C. Tx 78412. In the event of an emergency, I can be reached at the numbers above.

In the event your child needs any type of medication, please indicate what your child can be given:

Allergies (If your child has allergies to any medication and/or foods):

____ I give permission for pictures to be taken and used for GSUSA and GSGST publications, website, electronic and digital media, publicity, advertising or the Council Calendar.

Name of Daughter

Signature of Parent/Guardian Date

Please mail form & fee to:
Laura Leal
6122 Del Starr
Corpus Christi, Texas 78413
Make Checks payable to Texas Star Service Unit
Ten2510@gmail.com
361-334-5562 -home 361-563-5164 - cell

